Dear Parents,

Week 3 is upon us already! All students have settled back into class and school routines. Last week we had Jessica Lopez, Healthy Harold and the Life Education Van visit our school for two days. The programs offered were varied and age appropriate for all students. This is a valuable health program which supports our school PDHPE curriculum. Thanks for supporting our school to provide this service.

We are busily preparing for Tournament of the Minds and the Lismore Performing Arts Festival. A note went home last week regarding costumes for PAF. Please feel free to chat with me about your ideas or certainly if you are stuck for ideas. With funds from the P+C, I have purchased face paint, glitter hair spray and some material to make skirts for girls in years K-2. If you haven’t returned the parent consent form (page with lots of boxes to tick) please do so by the end of this week. This is essential to your child’s participation in the festival.

In week 5 this term we are organising an excursion for students in Kindergarten to year 4 to the Lismore Library as part of book week celebrations. Students will explore the book council of Australia’s selections for 2015 with the librarians and participate in the “Brick by Brick” Lego challenge that is currently on exhibition. On Thursday 13th August we will have a K-6 book character parade at school. We are asking students to come to school on that day dressed as a book character. We will have a special assembly and parade at 2pm. Parents, carers and families are invited to attend the parade.

As you would be aware for the last few years we have participated in “Nude Food Wednesdays”. The aim of this initiative is to encourage families to include lunchbox foods that use minimal packaging. Fresh fruit, vegetables, sandwiches and wraps are all good examples of such foods. We have recently noticed lots of students with many packaged foods in their lunchboxes. Please endeavour to keep packaging to a minimum where possible. This not only helps to reduce landfill but also supports your child to make healthy food choices in the future. We are still participating in Nude Food Wednesdays and individual teachers are rewarding Nude food within their own classroom.

A flyer from the Department of Education about attendance at school is being sent home today. Please read this information, carefully. It is quite surprising how much regular absence from school (whole days and partial days) really does affect your child’s learning. Of course there are occasions such as sickness when absence is necessary.

Tomorrow is our Dunoon District Athletics carnival. If the carnival is cancelled due to wet weather it will be announced on 2LM on Friday morning.
Please send your child to school in school uniform and appropriate running footwear. Those students who have the Modanville running singlet may choose to wear that but please make sure your child also brings a school shirt to wear when they are not in an event. Application of sunscreen at home would be fantastic. All students will need plenty of water, snacks and lunch for a very busy day out! Attending the carnival will be Corinne Martin from the NSW Department of Health’s “Healthy Children’s Initiative”. Corinne will be setting up a stall with healthy lunchbox ideas. Please drop by and chat with her if you are able to.

Wishing you all a fantastic week!

Geraldine Kerr - Relieving Principal

Visiting Mobile Library
The mobile library comes to the school on a regular basis and community members are welcome to make use of this service. The van is here between 2 - 3:30pm on the following dates:

- August 11, 25
- Sept 8, 22
- Oct 6, 20
- Nov 3, 17
- Dec 1, 15

**ASSEMBLIES:** 2pm

- K/1, Thursday 30th July
- Year 6, Thursday 20th August
- Year 3/4/5, Thursday 10th September

**Parents of Year 6 students:** A meeting has been planned for Wednesday 12th August at 5:30pm in the Year 6 classroom. Please come along and have your say about fundraising and other decisions regarding the Year 6 farewell, graduation, and gift to school.

**Trivia Night**
Next Friday (7th August) is our Christmas in August Trivia Night. This is to raise donations for our non-perishable Christmas appeal to donate to drought effect farmers in western NSW. Entry on the night is through donating perishable foods. You are invited to bring a share plate of food for your table for dinner. Tables can be booked at the office.

**Girls PSSA Soccer Knockout:** Last Wednesday (week 2) our girls PSSA soccer team competed in rounds 4 and 5 of the state soccer knockout. Their first game was against Lismore Public School where they had a great win 4-1. The girls then had a short break before taking on Alstonville Public School in Round 5. This was a very close game with the two teams evenly matched. The Modanville District team scored the first goal and held the lead for most of the second half before Alstonville equalled the score. This caused for a tense final 10 minutes where each team had chances to score a winning goal. With the scores level at full time the match was decided by corners. Alstonville had one extra corner and were awarded the win. Our seven representatives played extremely well and represented the school in an outstanding manner. A great effort, well done girls.

Volunteers at our School: Just a reminder of requirements for parents volunteering at our school:

1. **Working With Children Declaration:** these forms are available from the office and require a 100pt identification of yourself and you need to complete the questions on the form and sign it - this needs to be done once and we keep it on file for your entire time at our school.

2. **Drivers Licence:** When you help out with transporting students to school activities, we need to sight and copy your current drivers’ licence - this needs to be done each year.

3. **Vehicle Registration:** When you help out with transporting students to school activities, we need to sight and copy your current vehicle registration - this needs to be done each year.

**Dunoon District Athletics Track Events at Riverview Park:** The whole school will be travelling in to Riverview Park on Friday 31st July to participate in the Track events for this year’s carnival.

**Menu for Friday at end of Newsletter**
If cancelled due to rain - it will be announced on 2LM

**Dunoon District Athletics Field Events:** Students who came a place at our MPS Athletics Carnival will have received a note to participate on Wednesday 5th August in the Field Events at Dunoon P.S.

**Dental Van Visit:** Notes have been sent home for this which you will need to complete and return to school if you would like your child to access this service. If you need more forms, I have some extras at the office. The Dental Van will be visiting our school on Thursday August 6th and Friday August 7th.
Canteen News

Lunches available Monday and Friday only—please do not send food to be heated up other than on Mondays or Fridays. Thank you.

If you cannot make it for your rostered day, please let the school or Juanita know so we can try and arrange a replacement.

Canteen Roster:
30/7, R. Smith
31/7 NO Canteen - Athletics Carnival
3/8, J. Tandy
4/8, J. Joseph
6/8, R. Smith
7/8, S. McInerney
10/8, A. Kennedy
11/8, L. Vickers
13/8, R. Smith
14/8, S. Robinson
17/8, N. Goulding
18/8, J. Joseph

Cooking Roster:
30/7, K. McIntyre
31/7, NO Canteen - Athletics Carnival
3/8, J. Tandy
4/8, cooking required
6/8, L. McInerney
7/8, S. McInerney
10/8, A. Kennedy
11/8, S. Friske
13/8, S. McInerney
14/8, S. Robinson
17/8, H. Foster
18/8, J. Joseph

Celebrating Our Students

Work of the Week - Week 1
Nothing to report for this week

Week 2
Jayden P, great completion of his spelling work
Cohen, creating a radical rocket!
Zara, great narrative writing!

Reid, excellent house design and floor plan

Student of the Week - Week 1
Finn, a great first week at Modanville School
Harrison, working extra hard on his handwriting
Indi, an enthusiastic start to term
Josh R, excellent participation in architecture design
Maia, inspiring start to T.O.M.

Week 2
Will R, improved work habits
Harry, excellent mathematical thinking
Kaitlyn, working hard in literacy
Paul, making positive choices at school
Chelsea C, using her manners and playing nicely
Isabella, beautiful writing effort
Chris, great start to class magazine
Bowen, wonderful focus in architecture lessons.

Spellodrome
The following students achieved the highest number of correctly spelt words: Bella, Brent, and Padi

You Can Do It Awards

<table>
<thead>
<tr>
<th></th>
<th>Week 1</th>
<th>Week 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Getting Along</td>
<td>Joshua M</td>
<td>Madi P</td>
</tr>
<tr>
<td>Confidence</td>
<td>Max</td>
<td>Blake</td>
</tr>
<tr>
<td>Organisation</td>
<td>Reid</td>
<td>Persistence</td>
</tr>
</tbody>
</table>

Live Life Well @ School - (a joint initiative between the NSW Department of Education and Communities and NSW Health.)

Water: did you know:

- 85% of a child’s body weight is water.
- The human brain is 75% water; a living tree is also 75% water.
- There is the same amount of water on Earth as there was when the Earth was formed. The water from your tap could contain molecules that dinosaurs drank!
- Water regulates the Earth’s temperature. It also regulates the temperatures of the human body.
carries nutrients and oxygen to cells, cushions joints, protects organs and tissues, and removes wastes.

Although the average person can live for about one month without food, we can only survive about a week without water.

**Drink water: it’s Cool!**

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**Community News**

All community announcements in the school newsletter are for your information and not to be considered as endorsed by the school.

**Tuning Into Kids:** Emotionally Intelligent Parenting, Wednesdays from 12th August to 16th Sept. For more information phone Interrelate 6623 2750

**Parenting by Connection:** tools to strengthen your relationship with your children, Fridays from 7th August to 11th Sept. For more information phone Interrelate 6623 2750.

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**Recipe: Stuffed Potatoes**

(from the Cancer Council website)

4 medium potatoes  
1 X 420g can baked beans  
½ cup corn kernels  
½ cup peas  
40g grated tasty cheese

Method: preheat oven to 220’. Halve potatoes and place on baking tray, cut side up. Bake for 40 minutes. Combine baked beans, corn and peas, scoop in a little of the cooked insides of potatoes. Put filling into scooped out potatoes and top with cheese. Place under the grill for 10 minutes – serve with a green salad - Enjoy

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**Athletics Field Events at Dunoon Menu, 5th August.**

**Dunoon District PSSA**  
**Athletics 2015**  
**Canteen Menu**

<table>
<thead>
<tr>
<th>FOOD</th>
<th></th>
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<tbody>
<tr>
<td>Sausage Sandwich with Onion</td>
<td>$2.00</td>
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<tr>
<td>Falafel Rolls</td>
<td>$5.00</td>
</tr>
<tr>
<td>1 x Honey Soy Chicken Skewer</td>
<td>$2.50</td>
</tr>
<tr>
<td>2 x Honey Soy Chicken Skewers</td>
<td>$4.50</td>
</tr>
<tr>
<td>Pies</td>
<td>$3.50</td>
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<tr>
<td>Sausage Rolls</td>
<td>$2.50</td>
</tr>
<tr>
<td>Spinach &amp; Cheese Rolls</td>
<td>$2.50</td>
</tr>
<tr>
<td>Sauces – Tomato, BBQ, Sweet Chilli or Mustard</td>
<td></td>
</tr>
<tr>
<td>Assorted Cakes, Biscuits, Slices</td>
<td>$.50 - $2.00</td>
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<table>
<thead>
<tr>
<th>BEVERAGES</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Water</td>
<td>$1.50</td>
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<tr>
<td>Poppers</td>
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<tr>
<td>Quench Frozen Sticks</td>
<td>$.50</td>
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<tr>
<td>Tea and Coffee</td>
<td>$1.50</td>
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<tr>
<td>Milo</td>
<td>$1.50</td>
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</tbody>
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